



# Delegate Conference Pack

2018 Optimal Nutritional Care for All Conference

**‘Fair Access and Shared Decision Making:  
Key in Nutritional Care’**

Monday 12 – Tuesday 13 November 2018

Sintra, Portugal

Dear Delegate,

The European Nutrition for Health Alliance (ENHA) is delighted that you will be participating in this year's 'Optimal Nutritional Care for All' (ONCA) Conference, taking place on Monday 12 November and Tuesday 13 November at the MU.SA- Sintra Museum of Art, Av. Heliodoro Salgado, 2710-575 Sintra, Portugal.

The Plenary session will be held in the:

**Auditorium "Jorge Sampaio" (CCOC – Centro Cultural Olga Cadaval).**

Breakout sessions will be held in the:

**Room "Fotografia" (1st floor MU.SA)**

**Room "Emílio Paula Campos" (1st floor MU.SA)**

**Room "Dorita Castel-Branco" (main floor MU.SA)**

*Signage will be available on the day to direct you to the correct rooms.*

Below, you will find logistical information for the conference day, including travel information from Lisbon airport, details on hotel transfers, local transport, location maps, conference entrances and materials amongst others.

Travel from Lisbon airport:

From and to the airport, please take a taxi or similar - Mytaxi, Uber, Taxify and other platforms are available in Portugal (Lisbon and Sintra).

Hotel transfers:

Transfers will be available to and from Pestana Sintra Golf Hotel:

12 November at 17h30: from MU.SA to Pestana Sintra Golf Hotel

12 November at 19h15: from Pestana Sintra Golf Hotel to Sintra National Palace

12 November at 22h15: from Sintra National Palace to Pestana Sintra Golf Hotel

13 November at 08h15: from Pestana Sintra Golf Hotel to MU.SA

*Transfers will leave as scheduled.*

Local transport:

For taxis in Sintra, please call (or contact directly the hotel reception):

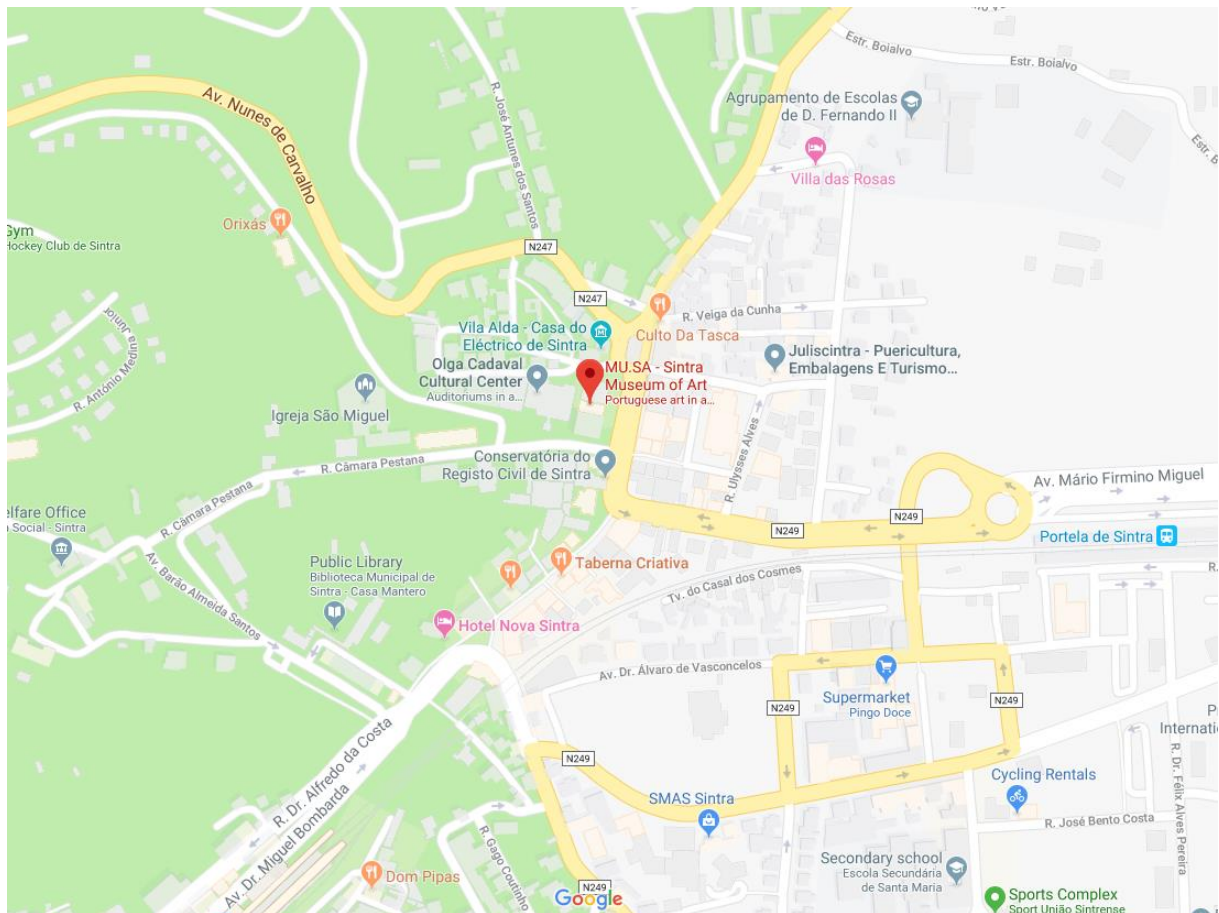
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+351 961 532 938

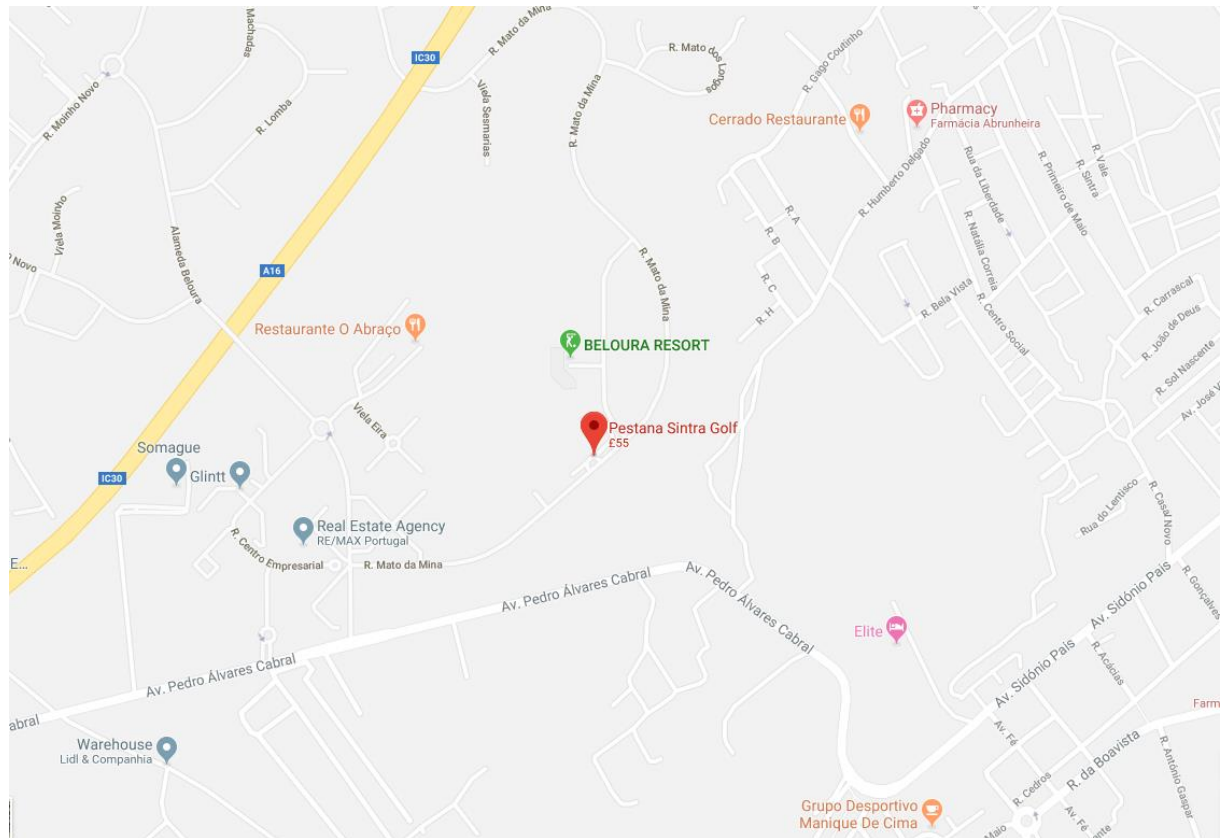
Location maps:

Conference Venue: MU.SA:





Hotel: Pestana Sintra Golf:



### Conference entrances:

12 November: Entrance via MU.SA (main entrance)

13 November: Entrance via CCOC (side entrance)

*Please note that MU.SA and CCOC are part of the same building and are connected internally. However, they have separate entrances.*

### Conference materials:

If you are planning on bringing a roll-up banner to the conference, please make sure it adheres to the following measurements: 80 cm (width) x 200 cm (height).

### Vouchers:

We are delighted to announce that Sintra Council has offered a voucher to all conference delegates to visit “Quinta de Regaleira” (<http://www.regaleira.pt/en>) between 11 and 15 November. The vouchers will be available in your hotel rooms.

## Conference Agenda

### Monday, 12 November

9.00 – 10.00 **Registration opens**

10:00 – 10:30: **Coffee Reception**

10.30 – 12.45: **Opening Ceremony**

*Anne de Looy & Olle Ljungqvist, conference chairs*

#### **Welcome**

*Anibal Marinho, chair Portuguese organising committee*

#### **Key note addresses:**

##### **'Why ONCA?'**

*Olle Ljungqvist, co-chair ENHA*

##### **Improving patient care across Europe:**

##### **'The need for patient-centred guidelines and patient involvement'**

*Katie Gallagher, European Patient Forum*

##### **'Value of nutritional care for European citizens and European Union support'**

*Sofia Ribeiro, Portuguese Member European Parliament*

*Deputado José Inácio Faria*

##### **'Value for Portuguese citizens'**

*António Sales, Portuguese Member Parliamentary Health Committee*

#### **Plenary debate & interview of the speakers**

#### **Opening:**

##### **'Regional impact of ONCA: Good practices in outpatient nutritional & social care'**

*Basílio Horta, Mayor of Sintra*

##### **'Involvement & support MoH's and health authorities'**

*M<sup>ª</sup> Céu Machado, Infarmed, Government agency*

*Miguel Guimarães, President of College of Physicians*

*Portuguese Ministry of Health (to be confirmed)*

12.45 – 13.45 **Networking lunch**

13.45 – 15.00: **Afternoon Session**

**National and regional challenges and development:**

**‘Health and social challenges and development at National level’**

*Speaker TBC*

**‘Health and social challenges and development in the Sintra region’**

*Speaker TBC, ACES Sintra*

**‘How do patient groups create added value & impact: regional & national’**

*Marek Lichota, Polish patient organisation*

**‘Good practices for effective nutritional screening – How to guarantee early diagnoses of malnutrition’**

*Harriët Jager-Wittenaar, representing EFAD*

**Health Care Professionals: Education and training for empowered medical nutrition prescription:**

*Dean of the Medical Faculty (TBC)*

**‘Sharing good practices for regional development and education across Europe’**

*Joost Wesseling, ENHA, ONCA Communications*

**Plenary debate & questions to speakers**

15.00 – 15.30: **Coffee break: professional corners with patient chairs**

15.30 – 17.00: **Breakout sessions: selected focus areas**

**Delegations distribute across the three sessions**

**Breakout 1:**

**Prevalence of malnutrition in the community: brainstorm research model and participation ONCA countries**

*Cornel Sieber, Friederich-Alexander Universität, Erlangen-Nürnberg and Annemarie Perl, University of Graz, chairs*

- Introduction of the study by Annemarie Perl and Cornel Sieber
- Presentation of the current status by Annemarie
- Feedback by two expert referents
- Q&A for the delegates
- Key issues for the brainstorm on how to proceed:
  - Content of the study*
  - Collaboration with ONCA countries*
  - What outcomes can we expect next?*
  - How do we organize the participation by the ONCA countries to make outcomes country-specific?*
  - How do we finance next steps?*

## Breakout 2:

### Patient versions of clinical nutrition guidelines

15.30

#### Welcome

*Cees Smit, Patients Network for Medical Research and Health*

15.35

#### Panel presentations:

##### 'Clinical Nutrition Guidelines and Summaries for Patients'

*Katie Gallagher, Policy Adviser, European Patient's Forum (EPF), Belgium*

##### 'ESPEN Project on the dissemination of existing clinical practice guidelines and guidelines for patients'

*Cristina Cuerda, Guideline Officer, European Society for Clinical Nutrition and Metabolism (ESPEN), Nutrition Unit, Hospital General Universitario Gregorio Marañón, Madrid, Spain*

##### 'Co-creation of lay versions of clinical nutrition guidelines - PIINT UK's cooperation with BAPEN'

*Carolyn Wheatley, Chair, Patients on Intravenous and Naso-gastric Nutrition Treatment (PINNT), UK*

##### 'The ECPC initiative and collaboration with academic societies in producing patient guidelines'

*Isabelle Manneh, Head of Health and Research Programmes, European Cancer Patient Coalition, (ECPC), Belgium*

**Q&A: Immediate questions for clarification will be taken following each presentation**

16.25

#### Open discussion with the audience

*Moderated by Cees Smit, Patients Network for Medical Research and Health (EGAN) and Katie Gallagher, European Patients' Forum (EPF)*

#### Comments from the audience

#### Questions for the audience for discussion:

- Are you aware of existing national or European lay version guidelines?
- Which ESPEN guidelines should be prioritised when developing patient versions?
- What is the potential impact of patient versions of guidelines on reimbursement of nutritional care?
- Are food- and nutrition-based dietary guidelines the way to go?

16.55

#### Highlights and concluding remarks

### Breakout 3:

#### Building Bridges from knowledge to impact

##### Interactive discussion about the impact of the campaign and how we can improve it

*Rudi Crabbé & Marcel Smeets co-chairs*

- Introduction by Marcel Smeets and Rudi Crabbé
- Building bridges from knowledge to impact - A Green deal in NL (bottom-up) and a Charte Maison gourmande et responsable in France (top-down)
- Create, tell and sell - analysis of messages, themes, credibility, initiative, and support
- Discussion about the role ONCA can play in national campaigns and the role of national campaigns in ONCA

17.15	<b>Group photo &amp; departure hotel</b>
17.30 - 19.00	<b>Free time (Hotel: Pestana Sintra Golf)</b>
19.30 - 20.00	<b>Optional: Visit to Sintra National Palace</b>
20.00 - 20.30	<b>Cocktail “Colares de Honra”</b>
20.30 - 22.00	<b>Dinner at Sintra National Palace</b>

## Tuesday, 13 November

### 9.00 – 9.30: **Morning Session**

#### **ONCA focus and targets for 2019 - 2020**

Reports break-out sessions Monday afternoon

### 9.30– 10.00: **Innovation:**

*Diane Buekers, Clinical director health promotion, Special Olympics Team Belgium*

#### **‘Oral and physical assessment as a tool for improving nutritional treatment’**

*Josefa Kalacha, Ministry of Health, Israel*

#### **‘Patient driven research in nutrition’**

*Gaston Remmers*



- 10.00 – 11.00: **Breakout sessions: key issues for ONCA drivers**  
**Patient associations delegates**  
*co-chaired by Katie Gallagher and Cees Smit*
- Professional societies & government delegates**  
*chaired by Claude Pichard and Ronit Endevelt*
- Industry delegates**  
*chaired by Patrick Kamphuis, MNI*
- 11.00 – 11.30 **Break**
- 11.30 – 11.45: **Midday Session**  
**Global Leadership In Malnutrition (GLIM)**  
*Report by Rocco Barazzoti, ESPEN chair*
- 11.45 – 12.15: **ONCA targets and key issues for sustainability:  
Reports break-out sessions and discussion**  
**Plenary discussion**
- 12.15– 12.30: **ONCA strategy and action plan 2019 - 2020, finance & country contributions 2019**  
*Frank de Man, ENHA Executive Director*
- 12.30 – 12.45: **ONCA workshop and conference 2019**
- 12.45– 13.00: **Summary key issues from the meeting**  
**Anne de Looy and Olle Ljungqvist, conference co-chairs**
- 13.00 – 14.00: **Lunch & Conference Closes**

## Contact Us

### Contacts ONCA:

Frank de Man, LL.M., Ph.D.  
Executive Director  
[frankdeman@newyield.nl](mailto:frankdeman@newyield.nl)  
Tel: +31.6.53849885  
[www.european-nutrition.org](http://www.european-nutrition.org)

### Contacts local organization:

Celia Lopes  
Chairman Medical Nutrition Expert Committee  
[celia.lopes@anid.pt](mailto:celia.lopes@anid.pt)  
Tel: +351 935 260 102  
[www.anid.pt](http://www.anid.pt)

## Appendix

Appended to this pack are the:

- EPF Clinical Nutrition Guidelines and Summaries for Patients
- BeyondRCT Executive Summary