



optimal  
nutritional care  
for all

International Conference

# CONTINUITY OF NUTRITION CARE

THE POWER OF  
CONCERTED EFFORTS  
AGAINST MALNUTRITION

Amsterdam 15 & 16 June



Nederlandse  
Vereniging van **Diëtisten**



The European  
Nutrition for Health Alliance

## DAY 1

09.00 - 10.30

### Pre-conference ONCA Patient Involvement Session

Zuiderkerk Amsterdam

10.00 - 10.45

### Registrations & coffee

Zuiderkerk Amsterdam

11.00 - 11.15

### Opening by the Chairs

Olle Ljungqvist, Chairman European Nutrition for Health Alliance

Mireille Serlie, Chair of NESPEN, Dutch Society for Clinical Nutrition

11.15 - 13.00

### Session 1: Continuity of nutrition care: the power of concerted efforts against malnutrition in Europe

#### Setting the scene:

#### Nutrition science and policy at a glance

Marian de van der Schueren, The Netherlands

#### A pan-European approach to nutrition economic research

Mark Nuijten, The Netherlands

#### The role of patient advocacy in the European debate

Manuel Arellano, European Patient Forum

#### Creating European awareness of the role of nutrition care in geriatrics: an inventory of successful initiatives

Marjolein Visser, EuGMS

#### Primary care and nutrition: how can the European Union help?

Maria van den Muijsenbergh, President, European Forum for Primary Care

Panel debate

#### What are actionable recommendations to improve the continuity of nutritional care in our health systems?

**Moderators:** Arthur van Zanten and Robert Greene, The Netherlands

**Panelists:** Annemieke van Ginkel-Res, EFAD; Rocco Barazzoni, ESPEN; Maria van den Muijsenbergh, European Forum for Primary Care; Marjolein Visser, EuGMS; Manuel Arellano, EPF

13.00 - 14.00

### Optimal Lunch for All

14.00 - 14.45

### Session 2: Good practices: Supporting the implementation of European policies and guidelines

#### Europe's Beating Cancer Plan: Integrated Nutrition Cancer Care: drivers for successful local implementation

Alessandro Laviano, Italy/ Representative of the European Union's INC2 Thematic Network

#### Targeting Malnutrition: from Awareness to Control

Maarten Soeters, Dutch Malnutrition Knowledge Center

#### How can we utilize ESPEN nutritionDay data to advocate for better nutritional care throughout Europe?

Michael Hiesmayr, Austria

14.45 - 15.30

**Network coffee break & photo**

15.30 - 16.15

**Session 3: The future of continuity of nutritional care: how to set up for success?**

**Optimizing collaboration between primary care, hospitals and care homes. Nurses connecting the dots.**

Bianca Buurman, The Netherlands

**From education to implementation; investment in the future.**

Maurizio Muscaritoli, Italy

**A Matter of Taste**

Gerda Pot, Nutrition & Healthcare Alliance

16.15 - 16.30

**Closing by the chairs**

16.30 - 21.00

**ONCA Delegate dinner** | Boarding time 16.45 at Stopera Pier (10 min. walk)

## DAY 2

**Inntel Hotel Amsterdam Landmark**

7.00 - 7.45

**Amsterdam Sunrise Run & Walk** Discover Amsterdam running or walking (start 7.00 entrance hotel)

08.45 - 10.00

**Interactive break-out workshops Getting things done in Nutritional Care - Round #1**

A. Implementing GLIM: where are we and where are we going?

Tommy Cederholm, Carliene van Dronkelaar, Harriët Jager-Wittenaar

B. Advancing your local ONCA campaign: engaging decision-makers in your Malnutrition Awareness Week

Matthias Pirlich, Agathe Raynaud Simon, Pavel Těšínský

C. The key to successful implementation of nutrition in education

Cristina Cuerda, Sila Gürbüz

10.00 - 10.30

**Network Coffee Break**

10.30 - 11.45

**Interactive break-out workshops Getting things done in Nutritional Care - Round #2**

D. Prehabilitation can enhance recovery after surgery

Olle Ljungqvist, Mireille van Stijn

E. Health indicators: a multilevel approach to malnutrition coding

Rocco Barazzoni, Tommy Cederholm

F. Flavors of the world; supporting patients throughout Europe: a powerful awareness tool

Robert Greene, Michaël Sels

11.45 - 12.30

**Early Optimal Lunch for All**

**Plenary sessions** | Chairs: Mireille Serlie, NESPEN and Annemieke van Ginkel-Res, EFAD

12.30 - 13.25

**Actions on ONCA**

6 x 5' workshop conclusions and next steps - Workshop leaders

Reporting of the ONCA pre-conference patient session - Marek Lichota

Update on the Optimal Nutritional Care for All campaign - Joost Wesseling, ENHA

13.25 - 14.10

**Deep dive: the future of nutritional care**

**Protein transition: future world or fantasy land?**

Peter Weijs, The Netherlands

**The future of nutritional care**

Harriët Jager-Wittenaar, EFAD

**The collision of two epidemics: sarcopenic obesity**

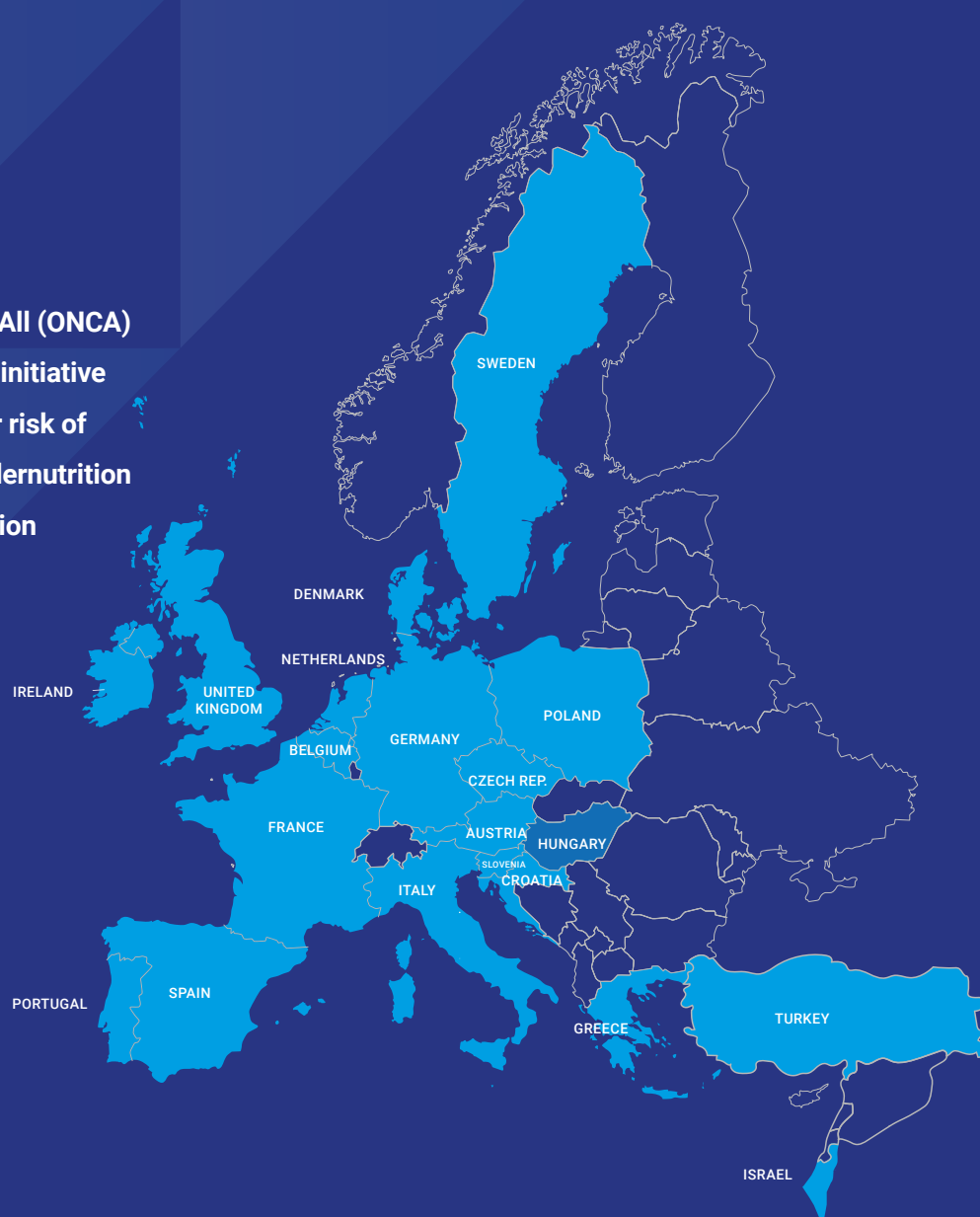
Lorenzo Donini, ESPEN, EASO

14.10 - 14.20

**Closing & farewell**

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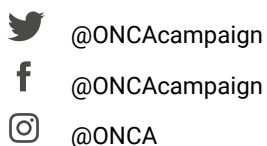
The Optimal Nutritional Care for All (ONCA) campaign is a multi-stakeholder initiative to facilitate greater screening for risk of disease-related malnutrition/undernutrition and nutritional care implementation across Europe.



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