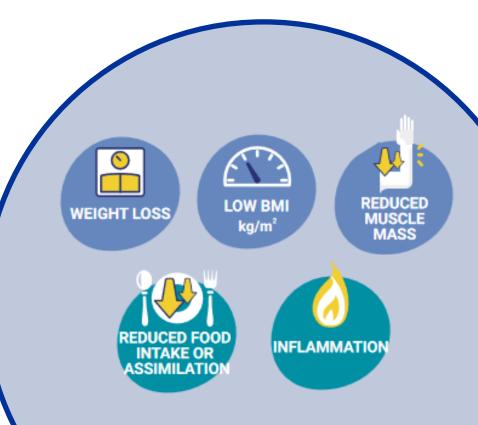


### GLIM Implementation in practice & research Results from the GLIM Implementation survey

#### Harriët Jager-Wittenaar, PhD, RD

Professor of Malnutrition and Healthy Ageing

- Hanze University of Applied Sciences
- EFAD



### **GLIM Implementation Working Group**



- Initiated early 2021
- 4 co-leaders:



Harriët Jager-Wittenaar EFAD

Ainsley Malone ASPEN



Matthias Pirlich ESPEN



Alison Steiber AND

- Two tasks:
  - 1. To describe current practice and to identify barriers and facilitators for implementation of GLIM in practice and research
  - 2. To give guidance on strategies for implementation of the GLIM framework in both practice and research

### Survey GLIM Implementation - Methods

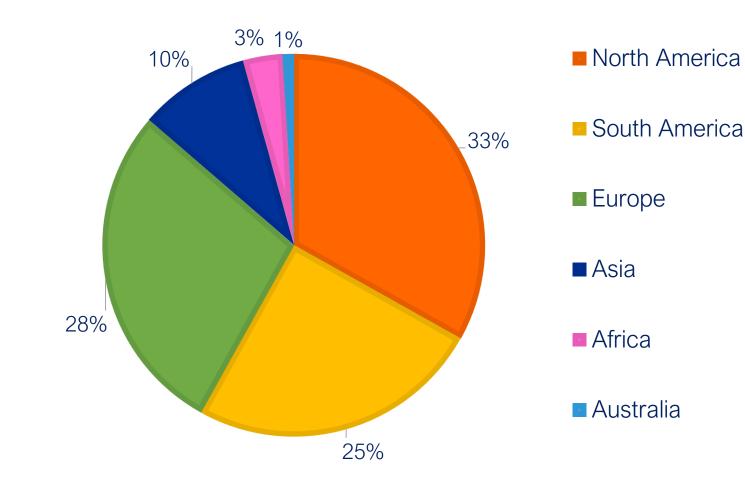


- 27 questions, skip logic feature
- Link to survey disseminated 7 December 2022 31 January 2023
- Societies newsletters, social media and personal networks

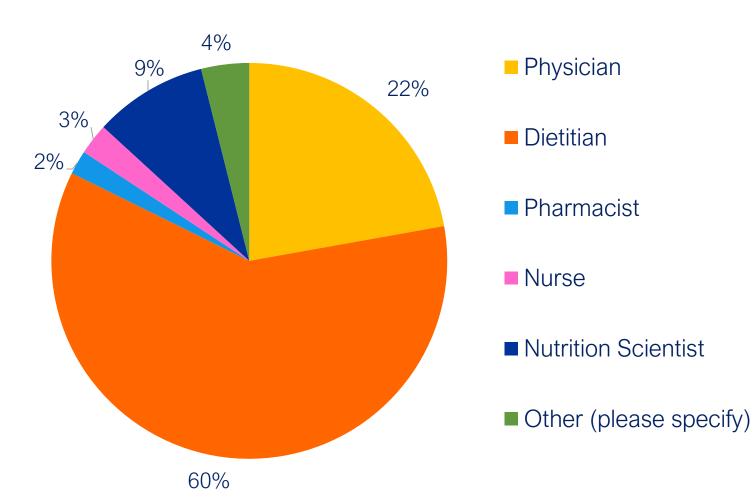


### Survey GLIM Implementation - Results Continents (n=1532)





# Survey GLIM Implementation - Results Discipline (n=1532)



optimal

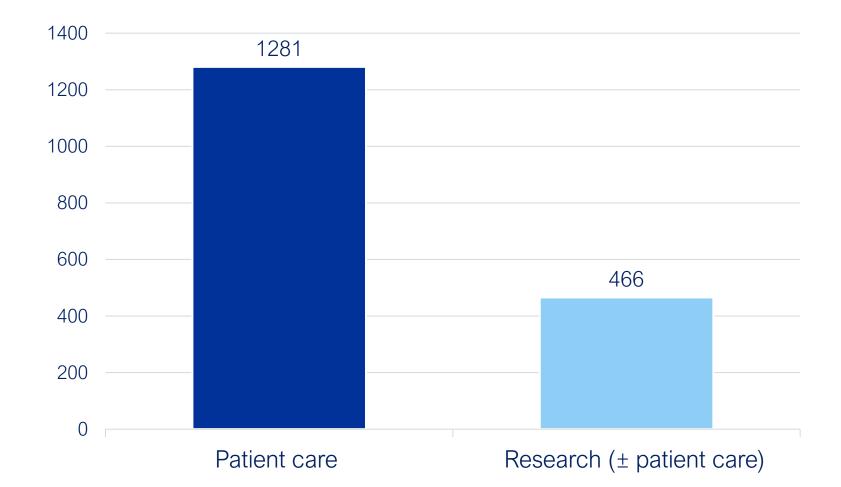
nutritional care

for all

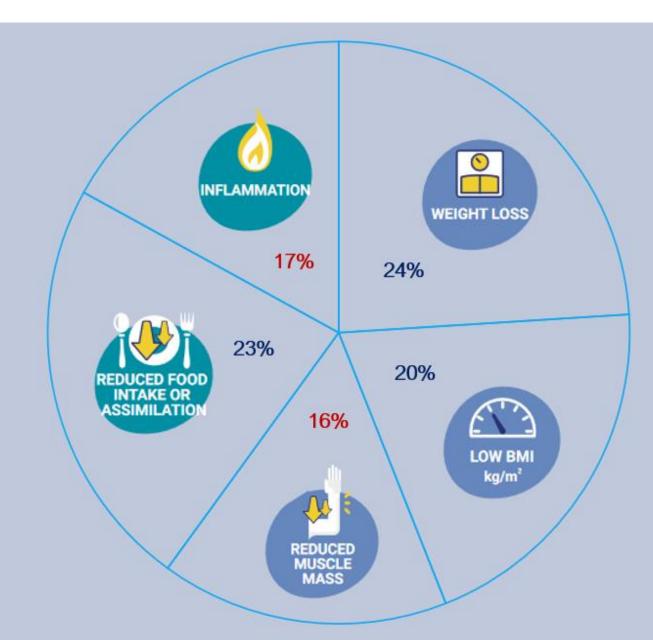
CONTINUITY OF NUTRITION CARE THE POWER OF CONCERTED EFFORTS AGAINST MALNUTRITION CONTINUITY

### Survey GLIM Implementation - Results Work setting (n=1529)





### Which GLIM criteria are being used?



THE POWER OF CONCERTED EFFORTS AGAINST MALNUTRITION F NUTRITION CARE ō CONTINUIT

### Conclusions

- Implementation GLIM framework is actively in progress
- Main general barriers:
  - insufficient knowledge about implementation processes
  - lack of prioritization in the organization
    → these barriers are "treatable"!
- Use of muscle mass and inflammation as criteria requires continuing attention









# Thank you!



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Special thanks to Dominiek Wolters MSc student **VU** 

