



International Conference

optimal  
nutritional care  
for all

# MALNUTRITION: FROM AWARENESS TOWARDS CONTROL

A NUTRITIONAL CARE POLICY SUMMIT

Turin 6 & 7 June 2024





# Translating Nutritional Care Science into Policies

- **ONCA Thriving**
  - Norway observer 21<sup>st</sup> country, MAW 15+ countries (and ESPEN worldwide), new delegates coming in
- **ENHA Manifesto**
  - New mandate of the EU: ENHA working with politicians and institutes. Patients at the core.
- **Accelerating implementation: EU4Health national implementation fund**
  - CZ: connecting with MoH by EU Presidency event -> working with MoH to submit application
- **Awareness to control**
  - The right data to drive policy (Enhanced recovery)



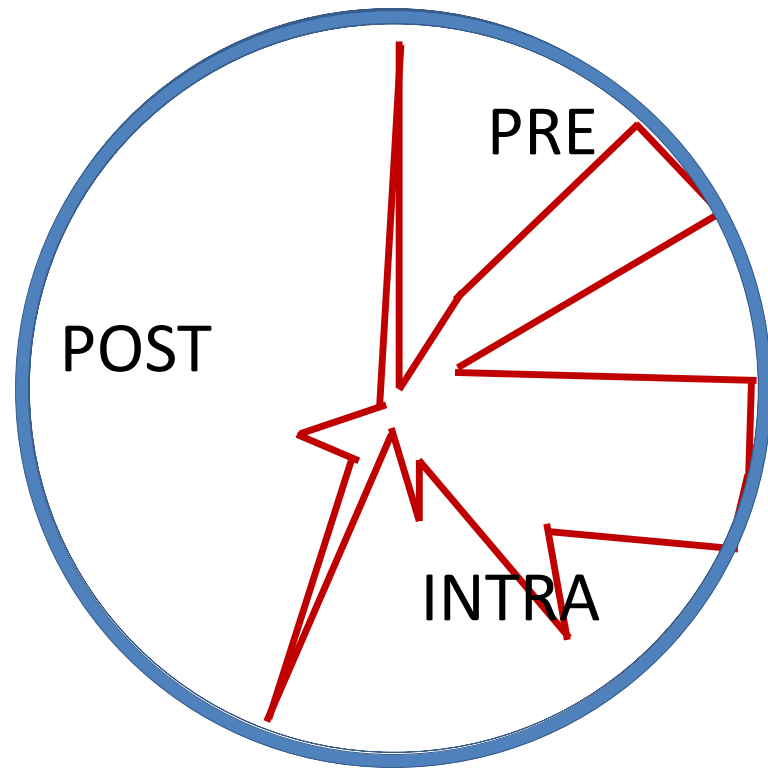
## Translating Science into Practice

### Key learnings from Enhanced Recovery After Surgery (ERAS):

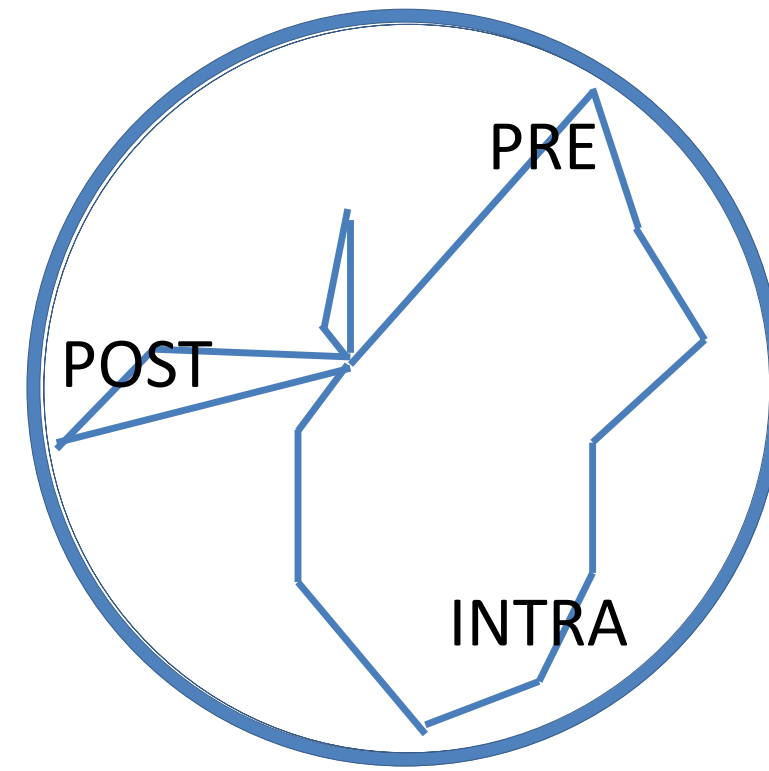
- Care pathways are complex
- Many care elements impact outcomes
- Many care givers involved
- Treatment silos
- Poor control of entire pathway
- **Key is audit**



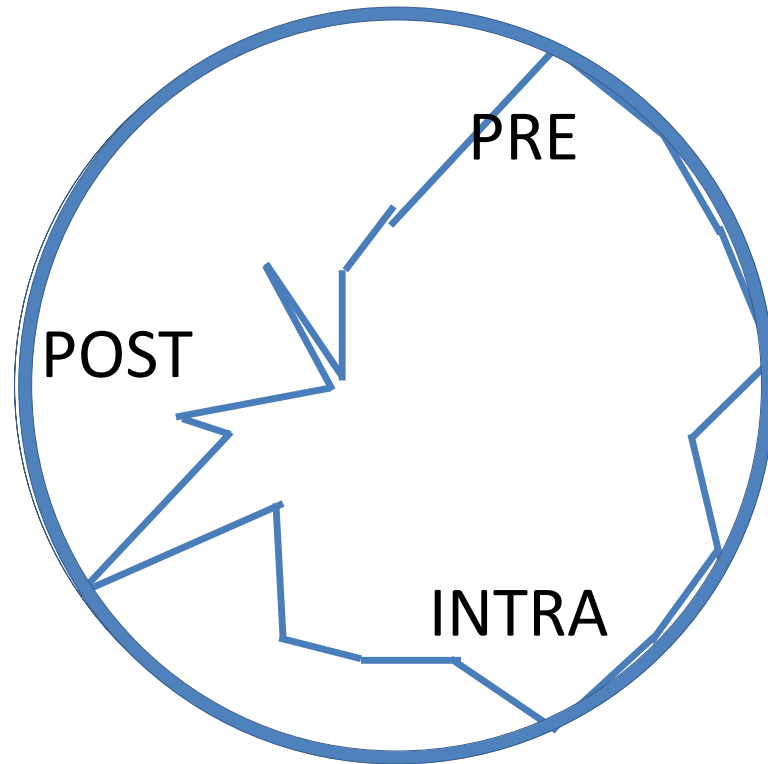




Standard of Care?  
When audited

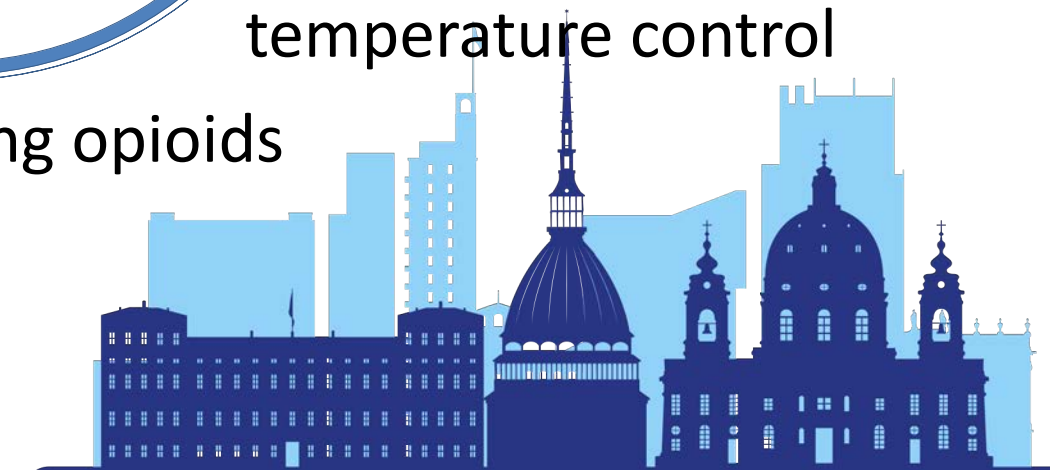


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- audit
- education
- multimodal analgesia
- early mobilisation
- early oral feeding
- gut stimulation
- CAD removal
- no postop NG tube
- fluid balance
- No long acting opioids
- carbohydrates
- no sedation
- thrombosisprohylaxis
- iv antibiotics**
- PONV prophylaxis
- epidural/spinal
- temperature control

Ljungqvist O et al World J Surgery, 2023



## Translating Science into Practice

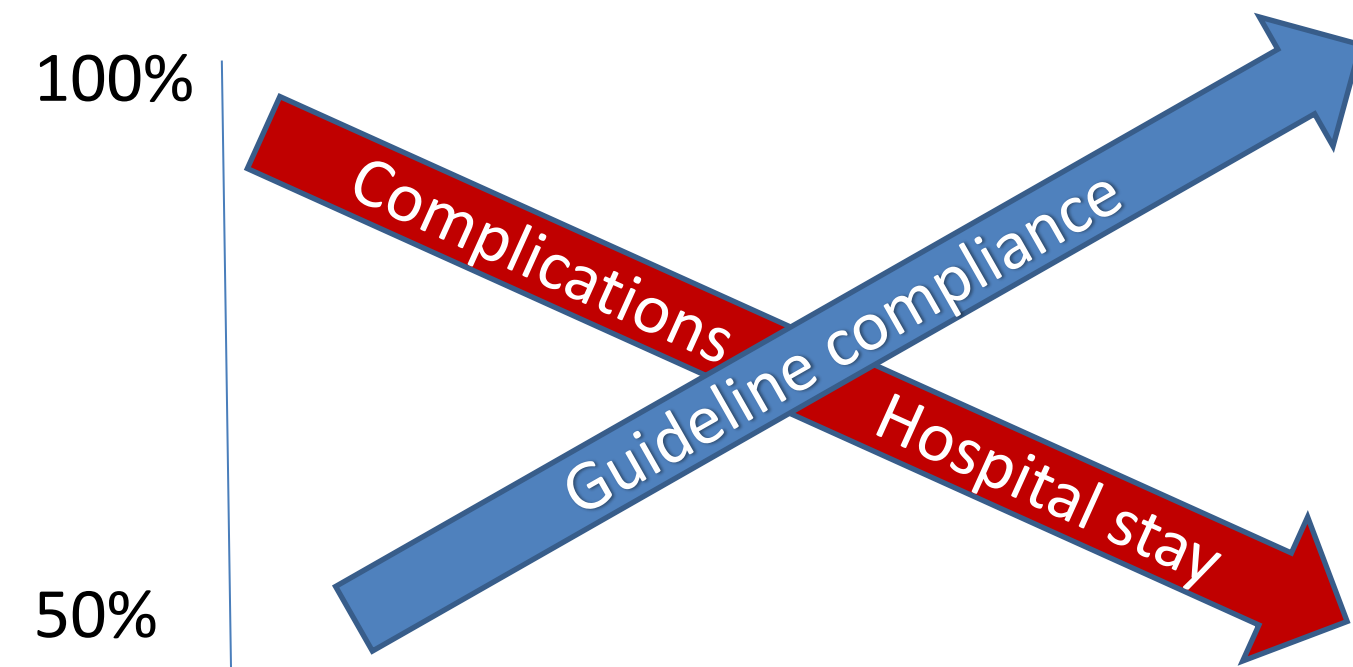
### Key learnings from Enhanced Recovery After Surgery (ERAS):

✓ Evidence based Guidelines works

- New way of working – team overview
- Structured implementation
- Audit processes and outcomes
- International Network
- Research

✓ Improved outcomes for patients

✓ Saved costs for care & society





## Translating Science into Practice

### Key learnings from Enhanced Recovery After Surgery (ERAS):

- ERAS principles can be used in all complex care pathways
- Evidence based guidelines
- Pathways defined – Team built for overview
- Audit and feedback to all involved

