

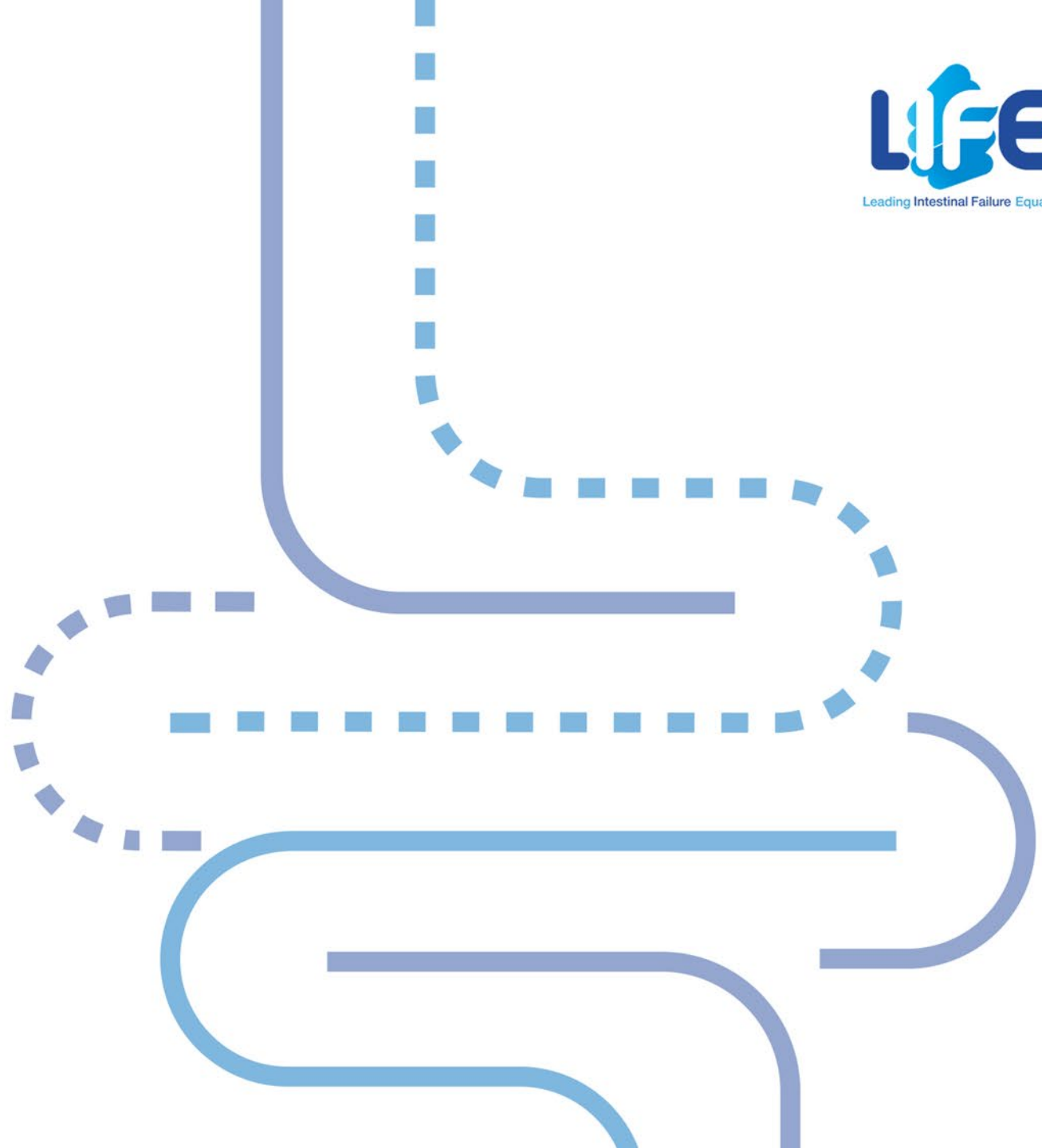


# Intestinal Failure Awareness Day 2026

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Campaign Summary

**IF is treatable**



# A series of targeted infographics and powerful quotes



A series of 4 infographics for targeted audiences + Save the Date announcement

1F Day Quotes from different perspectives

### Intestinal Failure Awareness Day

#### What is Intestinal Failure?

Intestinal Failure (IF) is a life-threatening condition in which the gut cannot absorb enough nutrients, fluids, and electrolytes. It can affect people of all ages, often following major surgery, chronic intestinal disease, cancer, or congenital conditions. IF may become chronic, with a profound impact on patients' daily lives.

#### IF is treatable

Home Parenteral Nutrition (HPN) provides life-sustaining energy for many people with IF, but access varies widely across countries.

Innovative therapies, such as GLP-2 analogues, support bowel adaptation and may reduce long-term dependence on parenteral nutrition.

### Intestinal Failure Awareness Day

#### Dietitian makes a difference

#### What is Intestinal Failure?

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#### How can it be treated?

Oral nutrition (when feasible), enteral nutrition, parenteral nutrition (short or long-term), intestinal adaptation, multidisciplinary team work.

The goal is to maximize remaining intestinal function and, whenever possible, to reduce dependence on PN while ensuring metabolic safety.

#### HOW DIETITIANS CAN MAKE A DIFFERENCE

The dietitian contributes to nutritional treatment planning, monitors tolerance, nutritional status, and fluid balance, supports intestinal adaptation through targeted dietary strategies, educates patients and caregivers, and helps prevent nutritional and metabolic complications.

#### Your decisions have a real impact

Appropriate nutritional therapy can reduce reliance on parenteral nutrition, improve quality of life, and decrease hospital admissions and complications.

#### IF is treatable.

Share this infographic to raise awareness. Scan the QR code or visit [intestinalfailure.org](https://intestinalfailure.org) to learn more.

### Intestinal Failure Awareness Day

#### Surgeons Strategy for IF

#### What is Intestinal Failure?

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#### IF is often the preventable aftermath of the "Domino Effect"

The dysfunctional gut is a challenge for surgeons. Every complication avoided may be a bowel length saved.

#### HOW SURGEONS CAN MAKE A DIFFERENCE

**Prevent IF:** Prehabilitation, preoperative reserve, ERAS protocol, anastomosis, Operative technique, every cm of bowel counts, Surgical strategy, consider a temporary stoma.

**Treat and manage IF:** Intestinal Adaptation, managed by a specialised interdisciplinary F team; GLP-2 analogues, treatment supporting bowel adaptation and enteral autonomy; Home Parenteral Nutrition (HPN), a life-sustaining therapy that enables patients to live, work, and travel.

**MYTHS:** A 50 cm bowel is a death sentence. HPN is just simple feeding to happen. IF is a terminal state.

**FACTS:** HPN can sustain health and quality of life! Advances in care have reduced complications. IF is a manageable chronic condition!

**Deliver comprehensive care:** Implement ESPEN guidelines, Evidence-based surgery reduces IF risk; Ruler Early: Specialised centers maximise intestinal rehabilitation; Priorities Out: Support HPN to restore family and social life.

**Surgery saves the bowel, specialised care saves a LIFE.**

#### IF is treatable.

Share this infographic to raise awareness. Scan the QR code or visit [intestinalfailure.org](https://intestinalfailure.org) to learn more.

### Intestinal Failure Awareness Day

#### Why patient organisations matter in IF?

Intestinal Failure (IF) is a complex, life-threatening condition in which the gut cannot absorb enough nutrients, fluids, and electrolytes. Due to profound impact on daily life, patients and caregivers may face:

- social isolation
- anxiety and depression
- fatigue and therapy-related complications
- financial burden

To address these challenges, patient organisations provide support beyond clinical care, by addressing everyday, real-life needs.

#### How patient organisations can help?

Peer support, Education & information, Quality of life (QoL) support, Advocacy & representation, Collaboration with clinicians.

#### Global map of IF/HPN patient organisations

ESPEN guideline on chronic intestinal failure in adults recommends: Patients with CF should be informed about the possibility to join non-profit groups that provide HPN education, support and networking among members (7).

#### IF is treatable.

Share this infographic to raise awareness. Scan the QR code or visit [intestinalfailure.org](https://intestinalfailure.org) to learn more.

### Intestinal Failure Awareness Day

#### From a surgeon's perspective, intestinal failure is a treatable medical condition, not a death sentence. With appropriate surgical strategy and multidisciplinary care, patients can achieve a good quality of life for decades.

**Prof. Stanislaw Klek, SURGEON, ESPEN CHAIRMAN**

#### Too many patients across Europe are unable to access life-saving therapy simply because of where they live. On 1F Day, we drive awareness among stakeholders, calling for systematic change, robust protocols and an equal standard of care through better collaboration.

**Prof. Stéphane Schneider, GASTROENTEROLOGIST, LIFE CHAIR**

#### Home parenteral nutrition can ensure a more active, adhering to sterile technique, managing supplies, and maintaining scheduled infusions allows for mobility without compromising clinical stability.

**Nathalie Lauwers, NURSE, LIFE SG Member**

#### With the support we need, we can live in dignity for tens of years. 1F Day reminds us this must be a right, not a privilege.

**Marek Lichota, IF PATIENT, LIFE CO-CHAIR**

#### While this may be necessary for some due to medical reasons, for the vast majority it is unnecessary, as many options exist and eating with family or friends supports quality of life. Additionally, an experienced intestinal failure dietitian can provide personal advice.

**Natascha van Rijssen, DIETITIAN, LIFE SG Member**

IF is treatable

# 7 Customized Language Packs for Local Impact



UK English

US English

Greek

Polish

Slovenian

Lithuanian

French

# Expert Insights: +10 KOL + Patient story videos



**YouTube channel**  
 (@intestinalfailure\_org)  
 showcasing  
 10 expert (KOL) videos and  
 a “Life with IF” - patient journey



# Integrated Social & Newsletter Campaign Plug-and-Play Daily Activation



A cohesive **social media calendar + newsletter** with structured, cross-linked content and **daily messaging** from the **6-day countdown** to the **grand finale**

Monday 26 <sup>th</sup> of Jan.	M O R N I N G	<p>Intestinal failure is a rare, life-threatening condition that still needs greater recognition. As Prof. Schneider reminds us, awareness is essential not only among patients, but also among healthcare professionals and decision-makers.</p> <p>#1fDay brings together patients, clinicians, and experts worldwide to make intestinal failure visible and better understood.</p> <p>Join #1fDay today - share our materials and help make intestinal failure visible.</p> <p>#1fDay #IntestinalFailure #ClinicalNutrition #LIFE #ShortBowelSyndrome #HPN</p>	<p>Prof Stéphanie Schneider - LIFE CHAIR, GASTROENTEROLOGIST</p> <p>Click here to watch and share the video</p>
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Tuesday 27 <sup>th</sup> of Jan.	M O R N I N G	<p>In today's video, Prof. Vanuytsel highlights that intestinal failure is treatable - when patients have timely access to appropriate, specialized care.</p> <p>Raising awareness is key to reducing inequalities and improving outcomes across countries.</p> <p>Watch the video, share the message, and join the #1fDay action today.</p> <p>#1fDay #IntestinalFailure #ClinicalNutrition #LIFE #ShortBowelSyndrome #HPN</p>	<p>Prof Tim Vanuytsel, LIFE SG MEMBER, GASTROENTEROLOGIST</p> <p>Click here to watch and share the video</p>
	AFTERNOON	<p>"With proper planning and coordination, patients with intestinal failure can safely travel and stay mobile." As Nathalie Lauwers, nurse and LIFE SG member, reminds us, home parenteral nutrition does not have to limit life - when the right support is in place.</p>	<p>Nathalie Lauwers, NURSE, LIFE SG Member</p> <p>Click here to download the visual quote</p>

6 days to #1fDay | Let's Start the Conversation

4 days to #1fDay | Awareness & Inequality

3 days to #1fDay | Almost There

2 days to #1fDay | Spotlight on Dietitians

1 day to #1fDay | Patients at the Heart of the Campaign

Today is #1fDay | Surgery Makes the Difference

LIFE Initiative 1F Day <info@intestinalfailure.org> niedz., 1 lut, 09:27

Dear 1F Day Supporters,

Today, on Intestinal Failure Awareness Day (1F Day), our social media content is dedicated to surgery and its vital role in intestinal failure care, and will conclude with a short patient-focused video at the end of the day.

The following content will be shared throughout the day:

- Morning – Video**  
Prof. Stanisław Klęk, Surgeon and ESPEN Chairman speaks about inequalities in access to treatment for chronic intestinal failure.
- Afternoon – Infographic**  
Infographic showing how surgeons can make a difference — from preventing intestinal failure to managing it through evidence-based surgery, early referral, and specialised care.
- Evening – Visual quote**  
Visual quote from Prof. Stanisław Klęk, reinforcing that with the right approach, patients with intestinal failure can live well for decades.

To close the day and the campaign, we will share a short video of snapshots from patients' everyday lives, returning the focus to those living with intestinal failure and thanking everyone who contributed to this year's 1F Day campaign.

All materials are available in the [1F Day 2026 Toolkit](#).  
Direct links, guidance, and ready-to-use promo text to each post can be found in the attached [Social Media Calendar \(here\)](#)

Kind regards,  
Zuzanna Zaczek & Marek Lichota  
LIFE Initiative

# Pan-European Promotion Partners Amplified by Expert Organizations



**EFAD** The European Federation of the Associations of Dietitians (EFAD) udostępnił(a) to na LinkedIn.

**LIFE** 201 obserwujących

**UEG - United European Gastroenterology** 14 978 obserwujących

**Optimal Nutritional Care for All** 1 723 obserwujących

**The European Society for Clinical Nutrition and Metabolism** 1 lutego

Today is Intestinal Failure Awareness Day (#1fDay) - a condition that remains under-recognised and under-treated. Coordinated by the Leading Intestinal Failure Experts, persistent inequalities in access to life-saving therapies (HPN), and the need for greater investment in research. The central message of 1F Day 2026 is clear: Intestinal Failure is a life-threatening condition. With timely diagnosis, multidisciplinary care and equal access to HPN, patients with IF can achieve good long-term outcomes and progress towards equitable intestinal failure care across Europe. Now is the time to raise awareness, support evidence-based research, and progress towards equitable intestinal failure care across Europe. Learn more: <https://lnkd.in/d/vCdwGw>

**Intestinal Failure Awareness Day**

**Surgeons Strategy for IF**

**What is Intestinal Failure?**

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**IF is often the preventable aftermath of the "Domino Effect"**

The dysfunctional gut is a challenge for surgeons. Every complication avoided may be a bowel length saved.

**HOW SURGEONS CAN MAKE A DIFFERENCE**

1. Prevent IF
  - Prehabilitation preoperative reserve
  - ERAS protocol protect anaesthesia
  - Operative technique every cm of bowel counts
  - Surgical strategy consider a temporary stoma
2. Treat and manage IF
  - Intestinal Adaptation managed by a specialist interdisciplinary IF team
  - GLP-2 analogues treatment supporting bowel adaptation and enteral autonomy
  - Home Parenteral Nutrition (HPN) a life-sustaining therapy that enables patients to live, work, and travel!
3. Deliver comprehensive care
  - Implement ESPEN guidelines
  - Evidence-based surgery reduces IF risk.
  - Ruler Early: Surgical strategy maximizes intestinal rehabilitation.
  - Prioritize QoL: Support HPN to restore family and social life.

**IF is treatable.**

Surgery saves the bowel, specialized care saves a LIFE.

Share this infographic to raise awareness.

Scan the QR code or visit [www.intestinalfailure.org](https://www.intestinalfailure.org) to learn more.

**Intestinal Failure (IF) is a life-threatening condition in which the gut cannot absorb enough nutrients, fluids, and electrolytes.**

**Dietitian makes a difference**

**What is Intestinal Failure?**

As a dietitian, I often hear that people using HPN are advised to avoid eating with family or friends. While this may be necessary for the vast majority it is unnecessary and eating with family or friends is essential for quality of life. Additionally, an expert intestinal failure dietitian can provide personal advice.

**Natascha van Rijssen, DIETITIAN, LIFE**

**Wojciech Marlicz** i 33 inne osoby

**Zuzia Zaczek** i 15 innych użytkowników

8 udostępnień

Lubię to! Komentarz Udostępnij



# From Global Insights to Local Impact

## United Kingdom highlights



### UNITED KINGDOM

#### SHORT SUMMARY:

THE SECOND ANNUAL INTESTINAL FAILURE (1F) DAY AT NORTHERN CARE ALLIANCE BROUGHT TOGETHER PATIENTS, FAMILIES, AND THE IF TEAM TO RAISE AWARENESS OF INTESTINAL FAILURE

PATIENTS SHARED INSPIRING STORIES OF TURNING CHALLENGES INTO STRENGTH, CREATING MEANINGFUL AND INSIGHTFUL DISCUSSIONS.

THE EVENT WAS CO-ORGANIZED WITH PINNT, AND FEATURED A POWERFUL POEM BY RACHEL MANN, CAPTURING THE LIVED EXPERIENCE OF THE IF COMMUNITY.



#### PARAPHERNALIA

Come and see. Vein extends beyond body, plastic, disposable,  
An outside for an inside failed, and thirst, hunger  
Not satisfied, no one shall live on bread alone, and  
Who knew a field could be blue, and sterile means good.

Come, witness the work, precise, ticked off, now supervised, now not.  
When I am busy, even my hands turn blue, a goodness,  
This is what it is like to be covered with attention and love:  
Welcome to lines that cannot be found on metro, underground

Picc broviac, they have their own stops and direction,  
Their tunnels run through flesh, an urgent delivery,  
I have found a fullness in electrolytes, saline,  
Daily packs, swabs that burn broken skin, a new language:

Syringe, hubs and ports, connector, bionector,  
The pump which clicks through the night moves good news  
In the dark, what remains of food when nothing else will do.  
Welcome. On and on, a universe of sterile fields, clean hands

Where bodies become skill, I have embraced ritual,  
A song of lumens, of light and promise, a way through  
Lines, and clinical does not mean cold, but life,  
Into my body comes tomorrow, a connection, and I am free.

*Rachel Mann*

# From Global Insights to Local Impact

## Poland highlights



**POLAND**

### SHORT SUMMARY:

THE APPETITE FOR LIFE ASSOCIATION COORDINATED 1F DAY ACTIVITIES IN POLAND.

LANDMARKS IN KRAKÓW AND BIAŁYSTOK WERE ILLUMINATED IN BLUE

A SPECIAL PARLIAMETARY COMMITTEE ON IF WAS HELD

MEDIA OUTREACH INCLUDED RADIO BROADCASTS AND NEWSPAPER ARTICLES

WEBINAR FOR IF PATIENTS WAS ORGANIZED

THE INITIATIVE INVOLVED A LARGE NETWORK OF AFFILIATED PARTNERS



**Warszawa**

PARLIAMETARY COMMITTEE ON IF



RADIO BROADCAST ON IF

**Wrocław**



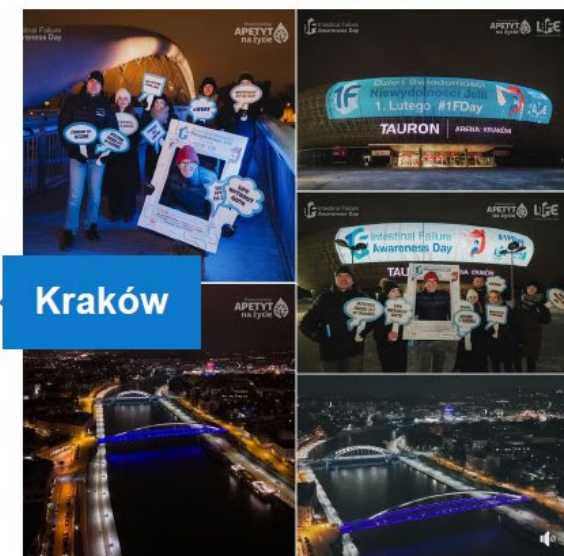
**1F** Intestinal Failure Awareness Day  
POLAND

Stowarzyszenie **APETYT na życie**



**Białystok**

KRAKÓW AND BIAŁYSTOK IN BLUE



**Kraków**

# From Global Insights to Local Impact

## Belgium highlights



**BELGIUM**

### SHORT SUMMARY:

AN INTESTINAL FAILURE 1F DAY FOCUSED ON TRAVELING WITH PARENTERAL NUTRITION (PN) FEATURED EXPERT TALKS AND PRACTICAL INFORMATION BOOTHS FOR PATIENTS.

IN THE PRECEDING WEEK, THE MULTIDISCIPLINARY TEAM RAN A HOSPITAL INSTAGRAM TAKEOVER TO RAISE AWARENESS, LATER SAVED AS A HIGHLIGHT.



Meet the team



Ons kernteam bestaat uit 2 artsen, 2 diëtisten en 2 verpleegkundigen. Maar wist je dat we met nog heel veel disciplines samenwerken?

# From Global Insights to Local Impact

## Slovenia highlights



SLOVENIA

### SHORT SUMMARY:

THE INSTITUTE OF ONCOLOGY IN LJUBLJANA HAS INAUGURATED A NEW DEPARTMENT OF INTESTINAL FAILURE AND CLINICAL NUTRITION, WITH HEALTH MINISTER IN ATTENDANCE.

THE DEPARTMENT WAS ESTABLISHED IN RESPONSE TO PATIENT NEEDS AND YEARS OF PROFESSIONAL EXPERIENCE AND INTERNATIONAL COLLABORATION. ITS GOAL IS TO ENHANCE INTERDISCIPLINARY COOPERATION AMONG SURGEONS, GASTROENTEROLOGISTS, CLINICAL DIETITIANS, PHARMACISTS, NURSES, AND OTHER HCP.

THE INITIATIVE REFLECTS STRONG VISION AND COMMITMENT, AND NOTED THAT SLOVENIA IS JOINING COUNTRIES THAT HAVE ALREADY IMPLEMENTED INTEGRATED CARE MODELS FOR PATIENTS WITH INTESTINAL FAILURE.



#### Slavnostno odprtje Oddelka za odповed prebavil in klinično prehrano

Danes je na Onkološkem inštitutu Ljubljana potekalo slavnostno odprtje novega Oddelka za odповed prebavil in klinično prehrano, ki se ga je udeležila tudi ministrica za zdravje **Valentina Prevolnik Rupel**.

Odповed prebavil je izjemno zahtevno bolezensko stanje, ki bolnikom in njihovim bližnjim prinaša velike telesne, psihološke in socialne obremenitve. Na Onkološkem inštitutu so zato na podlagi potreb pacientov ter dolgoletnega strokovnega dela in mednarodnega povezovanja ustanovili enotni oddelek za odповed prebavil in klinično prehrano. Z novim oddelkom se bo izboljšalo multidisciplinarno sodelovanje kirurgov, gastroenterologov, kliničnih dietetikov, farmacevtov, medicinskih sester, in po potrebi drugih zdravstvenih delavcev, kar za pacienta pomeni bolj usklajeno, varno in učinkovito obravnavo.

Ministrica za zdravje se je ob tem zahvalila vsem, ki so pripomogli k ustanovitvi novega oddelka: »Današnja otvoritev je rezultat vizije in predanosti zdravstvenih delavcev, ki ste prepoznali potrebe pacientov in jih znali prevesti v konkretno organizacijsko in strokovno rešitev, zato hvala vsem. S tem korakom se Slovenija pridružuje državam, ki že imajo podobno organizacijo za celostno obravnavo pacientov.«

Pokaž tlumaczenie



# From Global Insights to Local Impact

## Croatia highlights



CROATIA

### ŠTO JE ZATAJENJE FUNKCIJE CRIJEVA?

Zatajenje funkcije crijeva (intestinal failure, IF) je ozbiljno stanje u kojem crijevo ne može apsorbirati dovoljnu količinu hranjivih tvari, tekućina i elektroлита kako bi se zadovoljile dnevne potrebe.

- Može nastati kod bolesnika:
- nakon velikih abdominalnih operacija,
  - kod kroničnih bolesti crijeva,
  - tumora ili urođenih stanja bez obzira na dob.

Iako se radi o rijetkoj bolesti, zatajenje funkcije crijeva ima značajan utjecaj na svakodnevni život bolesnika.

„Kao voditelj Referentnog centra za kliničku prehranu i liječenje zatajenja crijevne funkcije iznimno sam ponosan na naš multidisciplinarni nutritivni tim koji s predanošću i stručnošću svakodnevno skrbi za bolesnike s kroničnim zatajenjem crijevne funkcije. Najveća vrijednost našeg rada su upravo naši pacijenti. Čije povjerenje i snaga daju smisao svemu što zajedno gradimo.“ Prof.dr.sc. Željko Krznarić



### IF SE MOŽE LIJEČITI

Kućna parenteralna prehrana (Home PN, HPN) - terapija potrebna za održavanje života mnogih bolesnika s IF, ali dostupnost HPN značajno se razlikuje među zemljama.



Nove terapije, poput **GLP-2 analoga**, potiču crijevnu prilagodbu i mogu smanjiti dugoročnu ovisnost o parenteralnoj prehrani.



Dina Ljubas Kelecic · 1

Clinical nutrition pharmacist, PhD, Unit of Clini...  
2 mies. · Edytowano ·

Perspektiva bolesnika sa zatajenjem funkcije crijeva o svakodnevnom životu često se razlikuje od perspektive nas medicinskih djelatnika koji skrbimo o njima. ... więcej

Pokaż tłumaczenie



Although intestinal failure has changed my life completely, it has given me resilience and shaped my perspective on everyday life. **IF PATIENT A.K.**





Intestinal Failure  
Awareness Day



Scan to share your feedback  
and stay connected

Thank you  
Join Us with  
Your Center  
for #1FDay2027

IF is treatable

